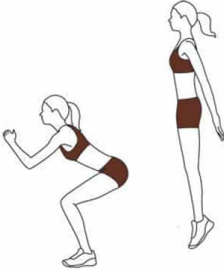
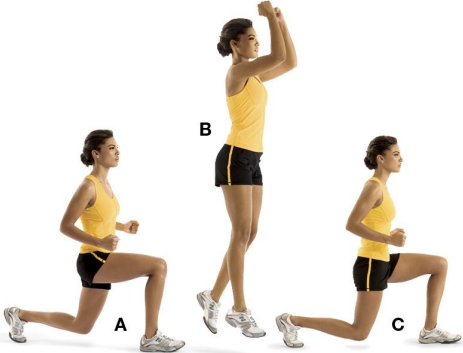


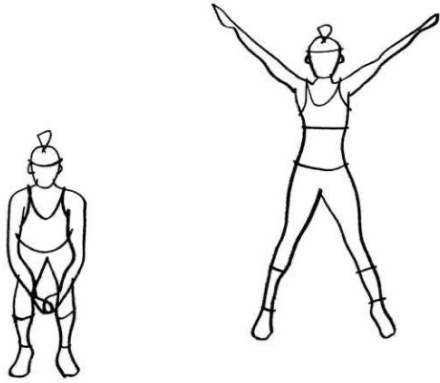


GotGame

HOW MANY JUMPS CAN YOU DO?

Below are a few jumping challenges for you to complete and record down your personal best for each jumping challenge! Goodluck!

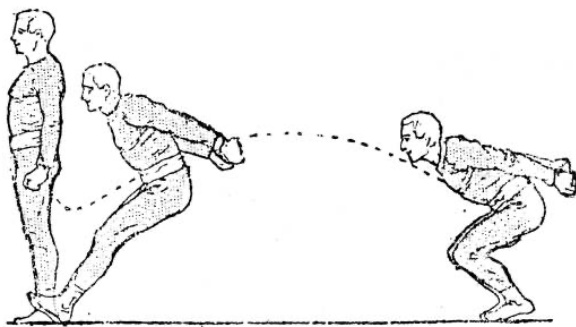
<p>JUMP CHALLENGES! How many can you do?</p>	<p>30 seconds</p>	<p>45 seconds</p>	<p>1 minute</p>
 <p>Squat Jumps</p>			
 <p>Lunge Jumps</p>			



Star Jumps (Squat jump then star)



Tuck Jumps (squat jump and tuck)



Long Jumps